



## “Neuroregulation: Trauma to Triumph”

Neurotherapy practitioners, and other professionals interested in current research and practice in applied neuroscience, are cordially invited to the annual workshops and conference of the Applied Neuroscience Society of Australasia to be held in Sydney, Australia, November 2016. The conference will include Keynote Addresses from a number of outstanding international presenters including Bessel van der Kolk, Leslie Sherlin and Sebern Fisher, with other speakers soon to be announced.

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ANSA will partner with \*STARTTS (*The NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors*) & the \*\*APS Neurofeedback Interest Group to present a 2-day pre-conference workshop featuring Bessel van der Kolk who will highlight the importance of integrating neurobiological and traditional psychotherapies into work with adolescents and adults who are living with complex symptoms of trauma. For our 1-day post-conference workshop, ANSA has invited Sebern Fisher to present a therapist-centred seminar which aims to help clinicians re-conceptualise and revitalise their work with traumatised clients. Of particular significance to many of our Australian colleagues, our conference program will include a 3-hour ethics workshop to enable Certified Neurofeedback practitioners to meet that requirement toward BCIA-A neurofeedback recertification.

Trauma to Triumph: To open the heart after tragedy; to yearn to learn after many failures; to commit to excel in what we love; these all share one essential quality, being that what is honoured most in ourselves – our determination to be our best. To make the most of what we have and to rise above our frailties - this is the very stuff of heroes!

Neurofeedback offers a way forward to raise our capabilities across the spectrum of our endeavours. It is fitting that this conference focuses on both how we can train to overcome trauma and train to reach for our finest. Paralympians and Olympians share the same striving. The hurt and the blessed share dreams.

Whether you are a clinician, teacher, coach or team leader this conference will inspire you to see the hero within all. And how to bring to bear modern tools to help make the best of what we have.

I look forward to being with you in November.

**Jon Hegg**

*Conference Chair & ANSA President*

Please share your ideas for topics/speakers by completing our [Expressions of Interest](#).

Our calls for [presenters](#) and [sponsors](#) are NOW AVAILABLE.

\* STARTTS - NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors, [www.startts.org](http://www.startts.org)

\*\* APS NFB IG – Australian Psychological Society Neurofeedback Interest Group, <https://groups.psychology.org.au/hfpig/>





AppliedNeuroscience.org.au

Applied Neuroscience Society of Australasia

ANSA Annual Conference, 19 & 20 November,

## Pre- & Post-Conference Workshops, Sydney Australia

### Enhancing Outcomes in Complex Trauma: The Integration of Psychotherapy with Evidence-Based Neurobiological Methods

Presented by Bessel van der Kolk

17/18 November 2016 Pre-conference Workshop at Wesley Conference Centre, 220 Pitt Street, Sydney

This 2-day seminar will give clinicians more confidence in working with highly traumatised clients by demonstrating how psychotherapy and cognitive based approaches familiar to most psychotherapists, can be enhanced by integrating neurobiological and somatic based approaches into therapy. It will explore the latest research on the limitations of using cognitive approaches exclusively in the effective treatment of complex trauma, and the growing evidence of the power of neurobiological and somatic techniques to improve brain functioning, self-regulation and reduce post-traumatic stress symptoms such as intrusions and hyperarousal. Techniques psychotherapists can use in their own therapy will be discussed, such as relaxation, grounding, heart rate variability training, EMDR, sensorimotor psychotherapy and somatic experiencing; as well as specialised approaches such as EEG biofeedback, yoga, dance, movement, physiotherapy, massage and acupuncture. This seminar has been designed to inspire clinicians to feel more confident in utilising mixed approaches to assist highly traumatised clients with complex presentations.



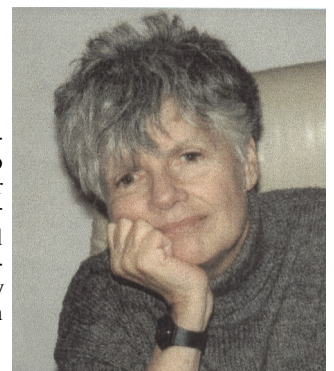
*Bessel A. van der Kolk M.D. has been active as a clinician, researcher and teacher in the area of posttraumatic stress and related phenomena since the 1970s. His work integrates developmental, biological, psychodynamic and interpersonal aspects of the impact of trauma and its treatment. His book Psychological Trauma was the first integrative text on the subject, painting the far ranging impact of trauma on the entire person and the range of therapeutic issues which need to be addressed for recovery. Dr van der Kolk and his various collaborators have published extensively on the impact of trauma on development, such as dissociative problems, borderline personality and self-mutilation, cognitive development in traumatized children and adults, and the psychobiology of trauma. He was co-principal investigator of the DSM IV Field Trials for Post-Traumatic Stress Disorder. His current research is on how trauma affects memory processes and brain imaging studies of PTSD.*

### On Being a Therapist in the Context of Neurofeedback and Trauma

Presented by Sebern Fisher

21 November 2016 Post-conference Workshop at SMC Conference Centre, 66 Goulburn Street, Sydney

Sebern will provide a brief refresher on developmental trauma and will share her experience as a psychotherapist, both psychodynamic and behavioural, who has integrated neurofeedback into her work with clients who experienced early childhood trauma. She will discuss how it has changed her use of self as well as her thoughts on mental illness, self, and identity. She will ask participants to share how they conceptualize their work with traumatized clients. She will discuss how she approaches assessment, and protocol choice and will address topics such as transference and counter-transference, how she integrates neurofeedback and psychotherapy and how neurofeedback changes the therapeutic endeavour. This workshop will promote interactivity for questions and case discussion. Participants should have experience in treating trauma and be familiar with neurofeedback.



*Sebern Fisher is a psychodynamic psychotherapist with a primary interest in the importance of secure attachment throughout the life span. She incorporated neurofeedback into her clinical practice in 1997. Emerging theory in all schools of psychotherapy is focused on the importance of affect regulation. After more than ten years of work with neurofeedback, Sebern has come to believe that the single most important contribution of neurofeedback is regulation of affect, and further that the most important affect to regulate is fear. In pursuit of this, she discovered the site FPO2, "the gateway to the amygdala", in 1999, and uses it specifically to quiet fear and reactivity. Sebern was the Clinical Director of a residential treatment centre for severely disturbed adolescents for fifteen years, where she implemented the first milieu DBT program in the US. She has a private practice in Northampton, Massachusetts, working primarily with PTSD, personality disorders and attachment. Sebern speaks nationally and internationally on psychotherapy, attachment, neurofeedback, trauma and recovery, and on integrating psychotherapy and neurofeedback.*



**Keynote speaker: Dr Leslie Sherlin.**

Leslie Sherlin, PhD studies the brains of people making decisions – very, good decisions. He’s one of the world’s leading experts on the neuroscience of high performance, having spent his career pursuing the answer to one simple question:

Why is one person so naturally gifted while others try so much harder – only to fall short?

Music. Math. Sports. Some have a knack while the rest of us struggle. Twenty years, four universities, and 35,000 qEEGs later, Sherlin has found his answer in the electrical patterns of the brain.

While he has founded a number of different companies and holds four academic appointments, Sherlin is the Co-founder and Chief Science Officer of SenseLabs, a leader in the research and use of neuroscience for improving human performance.

Sherlin has led SenseLabs’ research partnerships with Red Bull’s High Performance Center, USA Track & Field, US military Special Operations Forces and more, to discover what the brains of the most high performing people were doing and help them do more of it.

Dr. Sherlin’s work has been featured in the Wall Street Journal, BBC, Sports Illustrated, CNN, ESPN, CBS and more. He is also a sought-after public speaker, with 100’s of hours on stage around the world.

Dr. Sherlin is listed in the United States Olympic Committee Sport Psychology and Mental Training Registry. He is a Certified Consultant by the Association for Applied Sport Psychology, certified at the Diplomat level in quantitative electroencephalography (QEEG) and is BCIA Board Certified both in Biofeedback and Neurofeedback. He has served on the board of directors for both the International Society for Neurofeedback and Research and the Biofeedback Certification International Alliance in many elected positions including the President.

ANSA is very pleased to announce that our long time member and friend, Bruce McMillan has secured the Platinum Sponsorship for our 2016 conference on behalf of his company, [Pocket Neurobics](#) – Wireless Neurofeedback Training since 2000. PocketNeurobics has over 5000 clients in 55 countries.

**2016 ANSA Annual Conference & Workshops, PRELIMINARY PROGRAM**  
**NEUROREGULATION: TRAUMA TO TRIUMPH**

Thursday, 17 <sup>th</sup> November <i>Wesley Conference Centre</i>	Friday, 18 November <i>Wesley Conference Centre</i>	Saturday, 19 November <i>SMC Conference Centre</i>	Sunday, 20 November <i>SMC Conference Centre</i>	Monday, 21 November <i>SMC Conference Centre</i>
08.00-09.00 Registration	07.00-09.00 Registration	08.00-09.00 Registration	08.00-09.00 Registration	08.00-09.00 Registration
09.00-10.30 Workshop Bessel van der Kolk	09.00-10.30 Workshop Bessel van der Kolk	09.00-09.10 Welcome 09.10-10.30, Keynote 1: <b>Bessel van der Kolk</b>	09.00-09.10 Welcome 09.10-10.30, Keynote 1: <b>tba</b>	09.00-10.30 Workshop Sebern Fisher
10.30-10.50 <i>Coffee/Tea Break</i>	10.30-10.50 <i>Coffee/Tea Break</i>	10.30-10.50 <i>Coffee/Tea Break</i>	10.30-10.50 <i>Coffee/Tea Break</i>	10.30-10.50 <i>Coffee/Tea Break</i>
11.00-13.00 Workshop Bessel van der Kolk	11.00-13.00 Workshop Bessel van der Kolk	11.00-11.50, Keynote 2:  12.00-13.00 60 Concurrent Sessions A: Leslie Sherlin B: Bessel van der	11.00-11.50, Keynote 2:  12.00-13.00 60 min Concurrent Sessions A: tba B: Sebern Fisher	11.00-13.00 Workshop Sebern Fisher
13.00-14.00 Lunch	13.00-14.00 Lunch	13.00-14.00 Lunch & Posters & Exhibitors	13.00-14.00 Lunch & Posters & Exhibitors	13.00-14.00 Lunch
14.00-16.00 Workshop Bessel van der Kolk	14.00-16.00 Workshop Bessel van der Kolk	14.00-15:00 30min Concurrent Cases A: 14:00 – 14:30 tba B: 14:30 – 15:00 tba C: 14:00 – 14:30 tba D: 14:30 – 15:00 tba	14.00-15:00 30min Concurrent Cases A: 14:00 – 14:30 tba B: 14:30 – 15:00 tba C: 14:00 – 14:30 tba D: 14:30 – 15:00 tba	14.00-16.00 Workshop Sebern Fisher
16.00-16.20 <i>Coffee/Tea Break</i>	16.00-16.20 <i>Coffee/Tea Break</i>	Open Meetings: 15:00 – 16:00 - <b>ANSA AGM</b>	15:30 -16:30 Student Presentation	16.00-16.20 <i>Coffee/Tea Break</i>
16.30 – 17.30 Workshop concludes	16.30 – 17.00 Workshop concludes	16:00 – 16:30 - <b>BCIA AGM</b> 16:30 – 17:00 – <b>APS NFB IG</b>	16:30 <i>Conference Close</i>	16.30 – 17.30 Workshop concludes
<i>Intro NFB Course, 15-18 or 22-25/11/16, tba</i>	18:00: Conference Welcome & Public Address	18:30 - GALA Dinner	17:00 – 20:00 BCN Re-Certification Workshop	<i>Intro NFB Course, 15-18 or 22-25/11/16, tba</i>

**N.B. Confirm your interest** in attending this event by completing our online [Expression of Interest](#) form. This will also ensure you continue to receive event updates.

Also use the [Expression of Interest](#) registration form to share your ideas for additional topics and



## ANSA NATIONAL CONFERENCE REGISTRATION 2016

Love applied neuroscience? Then you'll love our Valentine's Super Early Package Deal!!

**#KeenAsMustard** (Bundle deal for full participation 19-21 November 2016: Conference Registration, Welcome Reception, Conference Dinner, Ethics Workshop & Monday Workshop. This deal is open to all registrations received before Valentine's Day, 14/02/2016. Over 20 hours CPD.) **\$850**

<b>Other Conference Registration Options:</b>	\$460.00
Early Bird - non-member before 30/6/16	\$580.00
Standard - Member (ANSA) from 1/7/16	\$560.00
Standard - non-member from 1/7/16	\$680.00
Saturday Conference Only	\$360.00
Sunday Conference Only	\$360.00
Concession Card Holder - 2 day conference	\$360.00
Sebern Fisher Monday Workshop	\$290.00
Leslie Sherlin 3-hr Ethics Workshop (Sunday evening)	\$180.00
Conference Dinner, Saturday evening (Platinum Sponsor PocketNeurobics)	\$50.00
Welcome Reception Extra Ticket, Friday evening (Gold Sponsor, VERSUS)	\$30.00

### REGISTRATION DETAILS

#### **Full Conference Registration (Standard, Early Bird & Concession)**

All conference sessions  
Conference handout materials, name tag & certificate  
Morning and Afternoon Teas and Lunches on both Saturday and Sunday  
Welcome Reception x 1 ticket (Friday night). Additional tickets available at \$30 per guest.

#### **Day Registration (Saturday or Sunday)**

Conference sessions for nominated day  
Conference materials handout materials, name tag & certificate  
Morning and Afternoon Tea and Lunch for nominated day

#### Conference Dinner

The Saturday dinner is proudly sponsored by PocketNeurobics. Conference dinner tickets are only \$50 per person and the event is open to all members, conference and workshop delegates, speakers and your guests. Your ticket purchase includes:

Guest Presentation, Bruce McMillan PocketNeurobics

Live Music til 10.30pm

1hr arrival drinks package from 6.30-7.30pm (including orange juice, softdrink, water, domestic and international beers, sparkling, red and white wines)

buffet meal (various salads, 6 hot dishes, seafood. Caters to unrestricted, gluten free, dairy and vegetarian diets).

#### Welcome Reception

The Friday evening welcome reception is proudly sponsored by VERSUS. One Welcome Reception ticket will be issued to each delegate with Full Conference Registration. Additional tickets are only \$30 per person and the event is open to all members, conference and workshop delegates, speakers and your guests. Your ticket purchase includes:

Guest Presentation, Sam Mead & Leslie Sherlin

2 hour drinks package 6-8pm & assorted canapes

#### Conditions

Please note that it is essential for all participants including invited speakers, delegates and presenters to register.

**Concession:** Concession registration is available for full-time students, pensioners, carers and unwaged persons. Please enter your student or concession card number during registration process.

## CALL FOR ABSTRACTS

Individual papers, posters, workshops and/or symposia of a theoretical, experiential or measurement nature are invited. A limited number of opportunities exist for practitioners and researchers to share their work at the conference via seminar or by poster on display in our exhibition arena. Conference proceedings will be published in the peer-reviewed *Neuro-Regulation* journal.

Please [submit abstracts](#) by 1 April 2016, for review by the conference committee. Abstracts will be considered for inclusion in our conference program if they address at least one aspect of the aims of our ANSA Conference:

- promote the scientific study and professional practice of Applied Neuroscience through methods including biofeedback, neurotherapy, applied psychophysiology and nutrition;
- offer training and further education for health and/or performance professionals in the application of biofeedback, neurotherapy, applied psychophysiology, nutrition and other self-regulatory therapeutic tools; and/or
- encourage research and expansion of clinical and educational applications of applied neuroscience.

Contributions with a focus on trauma, or aspects of brain injury, or peak performance will be particularly relevant for this event. Download the [form to submit your proposal](#) for presentation at the ANSA conference.

### Presentation Options

**Paper/Case Study – 20 minutes + 10mins Q&A**

**Workshop – 50 minutes (Micro-skilling/training opportunity)**

**Poster – 1m x 1m - displayed Saturday and Sunday in Exhibition arena.**

Abstracts should contain:

- the title,
- the names of the authors,
- the author(s)' affiliations,
- the presenting author(s) must [register](#) for the conference before **1/9/16**,
- the postal and email addresses of the presenting author(s).
- abstract should not exceed 250 words, *excluding the abstract title, author details and address.*

Also visit the conference website to learn about [SPONSORSHIP](#) opportunities.

## Neuroregulation: Trauma to Triumph

**Come to Sydney and help to celebrate the 10<sup>th</sup> Annual Conference of ANSA - the Applied Neuroscience Society of Australasia!!**

You are cordially invited to submit your proposal/s for participation in our 2016 conference. We have a limited number of positions for keynote presenters and shorter presentations of case studies demonstrating your work in applied neuroscience.

*Please complete the following application and submit for consideration by the ANSA Conference Committee.*

I \_\_\_\_\_ (presenter name) confirm that I am available, if offered the opportunity, to participate in the ANSA Conference on the 19<sup>th</sup> and 20<sup>th</sup> November, 2016 in Sydney, Australia.

In relation to the conference themes of remediation and recovery in trauma and/or peak performance training, please consider my proposal/s (*please submit one application per proposal*):

Signed:

Date:

<b>Section One: Presenter details</b>	
Presenter last name	
Presenter first name	
Title/qualifications	
Current position/s	
Organisation/s	
Contact address	
Phone number & codes	
Preferred email address	
Focus of research/practice	
Biography	
Photograph	<i>Please insert or attach, as preferred</i>

<b>Section Two: Proposal for the 10<sup>th</sup> Annual ANSA Conference</b>	
Title of proposed presentation	
Mode: <input type="checkbox"/> lecture/keynote; <input type="checkbox"/> workshop; <input type="checkbox"/> case presentation; <input type="checkbox"/> other ? _____	
Abstract:	
<b>Section Three: In support of this proposal</b>	
What aspects of applied neuro-science will be addressed?	
What is the significance of this work for researchers and/or practitioners?	
To what extent is your work evidence-based or well-regarded in your field?	
How will conference participants benefit from your proposed participation?	
Other comments in support of your proposal...	
Media Statement: If we were to promote your participation in this conference, what should be the media focus? Please provide a short statement we might use for media purposes.	

Please return your completed submission to Conference Secretary Michelle Aniftos via email [michelle@msmh.com.au](mailto:michelle@msmh.com.au)

**SUBMISSION DUE DATE: 1 April 2016**





## 1<sup>st</sup> Sponsorship Announcement: congratulations to VERSUS!

ANSA has secured a Gold Sponsorship agreement with VERSUS for the 2016 conference. This sponsorship package enables VERSUS to host ANSA delegates at our **Welcome Reception** on Friday evening 18/11/16 from 6pm at the SMC Conference Centre in Sydney. VERSUS will also be an exhibitor in our 2-Day Tradeshow running in conjunction with the conference. Additional sponsorship opportunities are available. Please download details from our [website](#).

VERSUS is progressing well in their rollout of neurofeedback for peak performance. This will no doubt help popularise neurofeedback in Australia. Film shoots are now underway for media promotion. Please be aware that I have taken a modest position in their business so my opinions may be affected. Nonetheless I think this is a very exciting development for our community. And there are options to be involved should you wish to incorporate this system or the assessment element of it into your practice. I recommend that you read Sam Mead's announcement below.

See you in Sydney at the 10<sup>th</sup> Annual ANSA Conference in November.

Train well.

Jon Hegg  
President, ANSA



Dear ANSA Members

*On behalf of the VERSUS team we wish you a prosperous 2016! We are excited to share with you our progress since our August 2015 launch at the ANSA conference in Adelaide.*

*Our Elite Sports' Business unit has been partnering with some of Australia's biggest sporting teams. The South Sydney Rabbitohs and St. George Illawarra Dragons in the NRL along with the Sydney Thunder in the Big Bash league have all undergone assessments and are currently training with VERSUS as they look to stay ahead of the curve in their pursuit to improve performance.*

*Aligning with these teams helps introduce neurofeedback to a broader community and provides strong credibility as we work with Australia's leading NRL and cricket players. We would like to think we are helping make neurofeedback cool! Closer to home, we are excited to continue our GOLD sponsorship of the ANSA conference in 2016. We have appreciated your support and feedback about how VERSUS is helping you in your practice. As a result of this feedback and your recommendations, we will be launching our Partner program early in 2016.*

*The Partner Program will provide two ways VERSUS can support and grow your business. Firstly, the **'Provider Model'** is based on how many of you who purchased at ANSA conference have been utilising VERSUS in your business. You purchase the VERSUS headset and user accounts and then lease it out to clients helping you achieve better outcomes for them and supporting your practice with incremental revenue streams with the additional assessment, training and de-briefs. This is via the accessible, low cost and scientifically proven VERSUS technology.*

*We are also excited to announce, as part of the Partner Program launch, ANSA members will be offered 'Enterprise Pricing' on all future user accounts purchased. This is a 46% discount when compared with a single annual user account. This increases the financial benefit of utilising VERSUS in your business.*

*The second way to leverage VERSUS in your business is the **'Referral Model'**. Once again, this has been developed based on the feedback from ANSA members. This model rewards you financially when you refer a client, colleague or friend to purchase a VERSUS headset and user account with a \$70 payment. This model has been created for ANSA members who encourage their clients to own and use their VERSUS brain training more frequently.*

*Both models will give you and your clients the opportunity to review and de-brief their Neuro Performance Assessment (NPA), track your clients training and review their progress reports. Both models will be able available on our website, [www.getversus.com.au](http://www.getversus.com.au), early in the new year and will be announced via our Buzzy feed once it's up and running.*



*With our increased demand both here and overseas, we are likely to experience supply challenges of the headset in 2016. In an attempt to reduce the impact of this challenge we are giving ANSA members the opportunity to pre-order for delivery in 2016. If you would like to be included in the next US order, please email [sam.mead@senselabs.com](mailto:sam.mead@senselabs.com) your order quantities before January 25<sup>th</sup> to ensure you can access additional headsets. Feel free to contact myself or the team if you would like to discuss the partner program and the pre-order process.*

*Thank you for your support in 2015 as we launched in Australia and we look forward to continuing to work together to increase the use and benefit of Neurofeedback in Australia.*

*Best,*

*Sam Mead*  
on behalf of Senselabs

Gold Sponsor

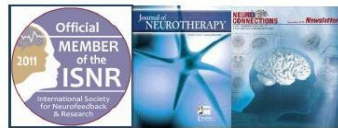
**SenseLabs** 



**Applied Neuroscience  
Society of Australasia**

## ANSA Board:

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<b>Newsletter Editor:</b>	Trix Harvey 04 1015 1430 <a href="mailto:trix@betterbrain.com.au">trix@betterbrain.com.au</a>



ISNR has a very comprehensive bibliography which has links to research about many disorders and it is available through the International Society for Neurofeedback and Research:

Go to:

<http://www.isnr.org/ComprehensiveBibliography.cfm>

Also, DVDs of lectures and presentations are available

<http://www.isnr.org/2010DVDs.cfm>



ISNR are now working with amazon.com. Please link to the online book store where you will find many books related to neuroscience. ISNR receives 4% of all sales linked from their site\*.

**LINK TO [amazon.com](http://amazon.com)  
TO ACCESS THEIR BOOK STORE  
NOW.**

<http://astore.amazon.com/intersocief05->



Remember to have a look at Psyche Visual on line videos.

Go to the ANSA website, log in as a member and get access to lectures and presentations. When you get to the Psyche Visual website go to 'Advances in Neuroscience', then 'Clinical Applications' and there you will find a selection of lectures in QEEG, Heart Rate Variability, Biofeedback, Neurofeedback and Direct Current Stimulation (DCS).



## Brain Science International

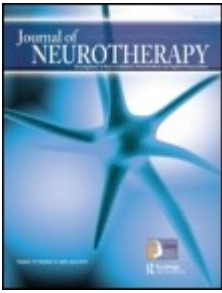
Looking for a convenient way to access professional development? Sign up for live and archived webinars by experts in the field of Neurofeedback & Biofeedback at the BSI website. Go to [www.bsiwebinars.com/index.php/webinars](http://www.bsiwebinars.com/index.php/webinars)

*This is a great resource!*

[www.bfe.org](http://www.bfe.org)

The Biofeedback Federation of Europe is a great site for resources for biofeedback. You can also download their body-mind magazine, Psychophysiology Today.

Take a look at: <http://www.bfe.org/pyscho.html>



**Remember**, if you are an ANSA member, you can access the new ISNR journal *NeuroRegulation* or back copies of the now defunct *Journal of Neurotherapy* via the ANSA or ISNR website. Simply go to the 'members-only section' and log in. Your user name & password have been emailed to you.

[www.appliedneuroscience.org.au](http://www.appliedneuroscience.org.au)

### APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK JOURNAL



**Frank Andrasik, PhD**, Editor *Applied Psychophysiology and Biofeedback Journal*

Behavioral Medicine Laboratory  
University of West Florida  
11000 University Parkway  
Pensacola, FL 32514-5751

### BIOFEEDBACK MAGAZINE



**Don Moss, PhD**, Editor  
*Biofeedback Magazine*

Psychological Services Center, LC  
9782 Lakeshore Drive  
West Olive, MI 49460

[WWW.AAPB.ORG/](http://WWW.AAPB.ORG/)

[MAGAZINE.HTML](http://WWW.AAPB.ORG/MAGAZINE.HTML)



The AAPB offers a range of education programs designed to be taken in the comfort of your own home. They offer some very interesting seminars offered by experts in the field.



For more information or to register for a tele-workshop, go to the AAPB website at:-

<http://www.aapb.org>.

ANSA is providing membership for the newsletter editor to AAPB. Abstracts of interesting articles will be included in future newsletters. Please contact [annetteandersen181@hotmail.com](mailto:annetteandersen181@hotmail.com) if you would like further information or access to journal articles.



[www.appliedneuroscience.org.au](http://www.appliedneuroscience.org.au)

**Membership Benefits-excellent value:**

- ⇒ **Discount on conferences and workshops**
- ⇒ **ANSA Newsletter and News update**
- ⇒ **ANSA members listserve at Yahoo groups**
- ⇒ **ANSA membership directory**
- ⇒ **Complimentary Membership of the International Society for Neurofeedback & Research**

**Including:**

- ⇒ **On-line access to the journal NeuroRegulation plus all back issues of ISNR Journal of Neurotherapy and Neuroconnections Newsletter**
- ⇒ **Including: Applied Psychophysiology and Biofeedback and Biofeedback Clinical Journal**
- ⇒ **ISNR members listserve: a wealth of information on Neurofeedback + support for practitioners of neurotherapy**



**Brain Dreaming Tracks artwork**

The Applied Neuroscience Society of Australasia (ANSA) respectfully acknowledges the traditional custodians of the land on which our organisation is incorporated, and pays respect to elders of Aboriginal and Torres Strait Islander peoples, both past and present.

The artwork featured here is 'Brain Dreaming Tracks', a painting by Sally Butler, which represents the brain as a network of 'song lines' – brain circuits as journeys with mythical underpinnings. We thank our fellow member, Leon Petchkovsky, who assisted ANSA committee members to negotiate access to this artwork.



## ANSA Inc

**Newsletter EDITOR:** Trix Harvey

**PUBLISHER:** ANSA Inc

ANSA Newsletter is the official publication of the ANSA Inc. The articles, issues and opinions expressed herein are those of the respective authors, and do not reflect the policies or official guidelines of ANSA, unless stated otherwise.

ANSA Newsletter is published at least once a year and will consider all materials pertaining to the practice and/or promotion of applied neurophysiology & biofeedback in Australia. I'd like to take this opportunity to thank all those that have contributed to this newsletter. The Newsletter can only be produced with the help and support of its members and friends of ANSA. Please send all correspondence pertaining to the Newsletter via email to our secretary

[annetteandersen181@hotmail.com](mailto:annetteandersen181@hotmail.com).

Thank you.